

**Traveling Music — To Focus Your Attention on the Lord**  
**Psalm 121 — May 7, 2023**

introduction: God commanded all Israelite adult males to travel to Jerusalem for three annual feasts: the Feast of Unleavened Bread, the Feast of Weeks, and the Feast of Tabernacles (Leviticus 23:1-2; Deuteronomy 16:16). Many men would take their families with them. As they traveled, sometimes they would sing — including singing Psalms 120-134.

As you travel through life, focus your attention on the truth that:

1. The Lord will \_\_\_\_\_ help \_\_\_\_\_ you (Psalm 121:1-2).

supporting Scriptures: Jeremiah 32:17  
Genesis 18:14  
Luke 1:37  
Matthew 19:26  
Ephesians 1:18-20  
Psalm 124:2-3  
Hebrews 13:5-6  
Jeremiah 33:3

2. The Lord will \_\_\_\_\_ watch \_\_\_\_\_ over you (Psalm 121:3-4).

supporting Scripture: Psalm 37:23

3. The Lord will \_\_\_\_\_ protect \_\_\_\_\_ you (Psalm 121:5-6).

supporting Scriptures: Psalm 91:1; Psalm 46:1

4. The Lord will \_\_\_\_\_ preserve \_\_\_\_\_ you (Psalm 121:7-8).

supporting Scriptures: John 10:28; 1 Peter 1:4-5

personal application: Don't let \_\_\_\_\_ circumstances \_\_\_\_\_ take your focus off the Lord. Constantly focus your attention on Him, meditating on the truth that the Bible reveals about Him (Hebrews 12:2; Isaiah 26:3).